

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 1 9-11-2019 - 13:30	200m schoolslag	20 - 89 jaar Resultaten
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rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 35+, Heren								
1. Rob van Wanrooy	Gay Swim Amsterdam	2:48.65 198202627	2:53.84		38.06	1:22.89		2:53.84
Masters 45+, Heren								
1. Martijn de Jong	DWK	3:17.79 197101659	3:08.46		41.58	1:29.47		3:08.46
2. Gertjan van de Bosch	IJZ&PC	3:30.20 197001615	3:17.50		44.15	1:34.25		3:17.50
3. Alberto Randazzo	The Hague Swimming	(3:10.00 197101741	3:27.76		44.44	1:36.94		3:27.76
Masters 50+, Heren								
1. Harold Matla	PSV	2:43.33 196800591	2:46.03		37.66	1:20.63		2:46.03
2. Rene de Jong	ZVVS	3:14.67 196600351	3:04.08		40.61	1:27.19		3:04.08
3. Gertjan van der Vaart	ZVVS	3:26.77 196801529	3:25.26		44.55	1:37.19		3:25.26
Masters 60+, Heren								
1. André Pantekoek	PSV	3:56.00 195800321	3:53.46		50.46	1:50.89		3:53.46
Masters 75+, Heren								
AFGEM Rob Hanou	PSV	3:40.00 194300109						
Masters 20+, Dames								
1. Mariska Scholts	Rotterdam Swimming	(54:20.00 199606804	4:13.29		55.76	1:59.18		4:13.29
Masters 30+, Dames								
1. Sandra van der Ende	WVZ	3:15.00 198701132	3:20.90		43.11	1:32.72		3:20.90
Masters 35+, Dames								
1. Linda Hoogendam	WVZ	3:40.94 198300892	3:44.69		51.32	1:48.77		3:44.69
2. Marsha Wiltenburg	IJZ&PC	3:48.00 198001814	4:15.85		52.61	2:01.38		4:15.85
Masters 40+, Dames								
1. Eveline Hacquebord	IJZ&PC	3:13.14 197901206	3:13.72		43.61	1:31.85		3:13.72
2. Leontine Loeber	SwimGym	3:30.00 197701010	3:33.11		48.35	1:42.77		3:33.11
Masters 45+, Dames								
1. Karin Stein	ZVVS	2:58.71 197100554	3:02.61		41.42	1:27.23		3:02.61
Masters 50+, Dames								
1. K. van Nassau-van den Old Dutch		3:37.43 196600188	3:39.99		50.05	1:45.65		3:39.99
2. Anita Steijger	WVZ	3:30.00 196500628	3:43.08		50.89	1:47.01		3:43.08
DIS Caroline Kruger	Feijenoord Albion Zwen	3:40.00 196800928						
AA - Gestart voor het startsignaal (en wel gezwommen).								
Masters 55+, Dames								
1. J. Rolloos-Bakkers	De Lansingh	3:22.56 196300222	3:27.34		45.74	1:38.27		3:27.34
Masters 65+, Dames								
1. N. van Dongen-de Paep	ZZ&PC De Devel	4:44.29 195100044	4:51.51		1:05.37	2:19.54		4:51.51
NG Geerdien Meerwaldt	De Geul	4:28.90 195200058						

Volgende ROM-wedstrijd: 1 december te Vlaardingen. Uitslagen via https://knzbwest.cfas.nl/RWOM2019-2020_2/

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 2
9-11-2019 - 13:45

50m vrije slag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 20+, Heren					
1.	Pascal Nuijten	Westland Swimming Stars	24.36	199701353	24.69
2.	Sam Beer	Rotterdam Swimming (SG)	25.85	199605521	26.35
3.	Nick Boekestijn	Westland Swimming Stars	27.29	199900291	27.40
Masters 25+, Heren					
1.	Leen v.d. Plaats	ZZ&PC De Devel	27.50	199002291	25.97
2.	Aldo Hofman	De Watervogels	30.27	199007635	31.82
Masters 30+, Heren					
1.	Tom van Norden	IJZ&PC	34.00	198906951	37.16
AFGEM	Arjan Nuijten	SwimGym	32.18	198806275	
Masters 35+, Heren					
1.	Rogier van Gent	IJZ&PC	27.66	198000405	28.12
2.	Fedor Lapikas	SwimGym	41.65	198303091	44.58
Masters 40+, Heren					
1.	Markus van Rest	WVZ	27.66	197701197	28.43
2.	Marcel Veen	The Hague Swimming (SG)	30.00	197601645	31.82
AFGEM	Pieter Broek	Westland Swimming Stars	26.52	197701637	
Masters 45+, Heren					
1.	Chang Bom	The Hague Swimming (SG)	29.63	197201483	30.11
2.	Jeroen Hoeksel	ZVVS	33.34	197401533	34.60
3.	Jeff van Loon	De Geul	38.50	197001687	38.48
4.	Michel Ulttenbroek	Feijenoord Albion Zwemclub	50.00	197101749	43.78
Masters 50+, Heren					
1.	Fred Dijkshoorn	Westland Swimming Stars	29.82	196501539	30.04
2.	Gertjan van der Vaart	ZVVS	33.93	196801529	33.85
3.	Tamas Szili-Torok	Rotterdam Swimming (SG)	37.69	196801689	37.59
4.	Andre Exter	Poseidon'56	44.23	196601585	45.36
5.	Khalid Boufis	Feijenoord Albion Zwemclub	42.00	196501665	46.88
Masters 55+, Heren					
1.	Adriaan Kop	Old Dutch	31.29	196101135	32.31
2.	Bob Lookermans	Poseidon'56	41.45	196201295	37.84
AFGEM	Mark Nuijten	Westland Swimming Stars	NT	196000411	
Masters 60+, Heren					
1.	Evertjan Masurel	PSV	28.45	195600495	30.56
Masters 65+, Heren					
1.	Harry Queré	ZVS	54.49	195000189	57.87
Masters 70+, Heren					
1.	Peter Ouweeneel	Rotterdam Swimming (SG)	49.08	194500077	49.83

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 2, 50m vrije slag

Masters 75+, Heren

1.	Geza Kaltenecker	AZC	36.74	194200065	36.63
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Masters 20+, Dames

1.	Kimberly Coenders	De Lansingh	30.54	199900880	31.22
2.	Yancey Bouman	Westland Swimming Stars	NT	199801924	32.21
3.	Chantal van der Vaart	ZVVS	32.14	199802266	32.61
4.	Gwendoline Kruit	De Lansingh	32.96	199802084	33.09
5.	Iva den Haan	De Lansingh	35.61	199900882	33.17

Masters 25+, Dames

1.	Lotte Coenen	The Hague Swimming (SG)	28.37	199301518	28.75
2.	Mellany Doldersum	SwimGym	35.00	199204824	32.04
3.	Anouk Kuijlaars	PSV	32.77	199401700	32.31
4.	Bibi den Haan	De Lansingh	34.49	199001290	34.44
5.	Roosmarijn van Velzen	ZVL-1886 Tetteroo	45.00	199208036	41.84

Masters 30+, Dames

1.	Monique Remst	AZC	29.92	198706236	30.11
2.	Esther Boerdam-Delfos	AZC	35.14	198705256	32.97
3.	Jerianne Gomez	Feijenoord Albion Zwemclub	42.00	198605360	40.51
4.	Melissa Buijens	De Geul	41.57	198605358	41.96

Masters 35+, Dames

1.	Femke Smits	Rotterdam Swimming (SG)	38.43	198403574	39.21
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Masters 40+, Dames

1.	Chantal Verhoeff	Old Dutch	30.25	197900912	30.84
2.	Marian Nederlof	De Geul	32.43	197600950	32.94

Masters 45+, Dames

1.	Rachele Gianfranchi	SwimGym	44.00	197401098	42.44
2.	Sylvia Tetteroo	IJZ&PC	48.41	197300476	49.59

Masters 50+, Dames

1.	Kristien Van de Moortel	Shark	35.77	ShaRK/20315/69	37.17
2.	Cancia Leirissa	Feijenoord Albion Zwemclub	41.77	196700748	39.70

Masters 55+, Dames

1.	Feikje Wittermans	WIDEX GZC DONK	34.33	196400408	35.68
2.	Linda Olsson	Feijenoord Albion Zwemclub	39.00	196400640	35.86
AFGEM	Tineke Janssen	Westland Swimming Stars	NT	196400630	

Masters 60+, Dames

1.	Tonny den Braber	SCOM	43.30	195700022	44.49
2.	Karien Musters	Old Dutch	47.92	195800236	50.87

Masters 65+, Dames

1.	Conny Boer-Buys	ZVVS	34.76	195000006	33.33
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Masters 80+, Dames

1.	Marie Smits	Old Dutch	47.36	193800004	48.45
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Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 3 9-11-2019 - 14:00	200m vlinderslag	20 - 89 jaar Resultaten
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rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 20+, Heren								
1. Nick Sijmons	De Amstel	2:14.12 199500491	2:17.31		31.09	1:06.39		2:17.31
2. Jasper van den Broek	De Watervogels	2:51.07 199903313	2:50.98		33.09	1:14.91		2:50.98

Masters 55+, Heren

DIS Hans Vloedgraven Old Dutch 2:46.00 196400917
AE - De aangegeven zwemslag niet uitgevoerd.

Masters 75+, Heren

AFGEM Rob Hanou PSV 4:05.00 194300109

Masters 25+, Dames

1. J. van den Beukel	Westland Swimming St	3:10.10 199100238	3:04.87		37.23	1:23.23		3:04.87
2. Ilona van der Knaap	De Watervogels	3:07.39 199204954	3:16.69		39.94	1:27.66		3:16.69

Masters 40+, Dames

1. Liselotte Joling	PSV	2:39.03 197500268	2:42.62		36.14	1:18.50		2:42.62
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Masters 50+, Dames

1. Nicky Slinger	HPC	3:35.78 196600316	3:33.37		43.68	1:36.34		3:33.37
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Programmanr. 4 9-11-2019 - 14:05	50m rugslag	20 - 89 jaar Resultaten
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rang naam	vereniging	intijd	tijd	RT
Masters 40+, Heren				
1. Markus van Rest	WVZ	31.96 197701197	33.44	

Masters 45+, Heren

1. Martijn de Jong	DWK	40.26 197101659	40.42	
2. Jeroen Hoeksel	ZVVS	40.84 197401533	43.87	

Masters 50+, Heren

1. Andre Exter	Poseidon'56	NT 196601585	55.98	
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Masters 20+, Dames

1. Iva den Haan	De Lansingh	40.50 199900882	38.06	
2. Gwendoline Kruit	De Lansingh	38.79 199802084	38.34	
3. Mariska Scholts	Rotterdam Swimming (SG)	52.45 199606804	52.14	

Masters 25+, Dames

1. Lotte Coenen	The Hague Swimming (SG)	34.15 199301518	34.36	
2. Bibi den Haan	De Lansingh	39.11 199001290	41.39	

Masters 35+, Dames

1. Tonia Ruybroek	Poseidon'56	35.12 198101290	35.31	
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Volgende ROM-wedstrijd: 1 december te Vlaardingen. Uitslagen via https://knzbwest.cfas.nl/RWOM2019-2020_2/

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 4, 50m rugslag

Masters 40+, Dames

1.	Leontine Loeber	SwimGym	41.86	197701010	41.59
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Masters 45+, Dames

1.	Sylvia Tetteroo	IJZ&PC	55.63	197300476	55.97
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Masters 50+, Dames

1.	Marella Verhagen-den Ouden De Amstel		51.00	196800948	43.72
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Masters 55+, Dames

1.	Feikje Wittermans	WIDEX GZC DONK	36.65	196400408	38.78
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Masters 65+, Dames

1.	Patty Krupiarz	PSV	41.50	195400074	41.75
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Programmanr. 5 9-11-2019 - 14:10	400m vrije slag	20 - 89 jaar Resultaten
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rang	naam	vereniging	intijd	tijd	RT
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Masters 20+, Heren

1.	Nick Boekestijn	Westland Swimming Stars	5:03.37	199900291	4:48.35
	50m: 32.20	32.20 150m:		250m:	350m:
	100m: 1:06.88	34.68 200m: 2:18.99		300m:	400m: 4:48.35

Masters 30+, Heren

AFGEM	Arjan Nuijten	SwimGym	6:06.00	198806275	
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Masters 40+, Heren

1.	Marcel Veen	The Hague Swimming (SG)	5:05.00	197601645	5:23.22
	50m: 35.45	35.45 150m:		250m:	350m:
	100m: 1:12.99	37.54 200m: 2:35.09		300m:	400m: 5:23.22
2.	Ingmar Kooman	ZVL-1886 Tetteroo	5:25.59	197901517	5:28.34
	50m: 36.38	36.38 150m:		250m:	350m:
	100m: 1:17.13	40.75 200m: 2:42.63		300m:	400m: 5:28.34

Masters 45+, Heren

1.	Leon Erkelens	Rotterdam Swimming (SG)	6:30.00	197401539	6:16.82
	50m: 40.22	40.22 150m:		250m:	350m:
	100m: 1:24.27	44.05 200m: 2:58.11		300m:	400m: 6:16.82

Masters 50+, Heren

1.	Henri Michels	De Amstel	5:02.89	196501587	4:59.16
	50m: 33.66	33.66 150m:		250m:	350m:
	100m: 1:10.16	36.50 200m: 2:25.66		300m:	400m: 4:59.16
2.	Fred Dijkshoorn	Westland Swimming Stars	5:18.32	196501539	5:27.25
	50m: 38.00	38.00 150m:		250m:	350m:
	100m: 1:19.18	41.18 200m: 2:44.78		300m:	400m: 5:27.25
3.	Erik Saan	De Duck	6:01.91	196500769	5:45.95
	50m: 38.66	38.66 150m:		250m:	350m:
	100m: 1:22.44	43.78 200m: 2:50.96		300m:	400m: 5:45.95

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 5, 400m vrije slag

Masters 55+, Heren

1.	Pim Vogel	ZZ&PC De Devel	5:15.00	196000885	5:13.86
	50m: 34.38	34.38 150m:		250m:	350m:
	100m: 1:12.50	38.12 200m: 2:31.21		300m:	400m: 5:13.86
2.	Menno Lomans	d'ELFT	5:20.00	196101071	5:35.14
	50m: 38.41	38.41 150m:		250m:	350m:
	100m: 1:20.06	41.65 200m: 2:46.06		300m:	400m: 5:35.14
3.	Jano Hogebrug	De Watervogels	NT	196401477	7:36.58
	50m: 48.28	48.28 150m:		250m:	350m:
	100m: 1:41.29	53.01 200m: 3:36.39		300m:	400m: 7:36.58
AFGEM	Mark Nuijten	Westland Swimming Stars	NT	196000411	

Masters 60+, Heren

1.	André Pantekoek	PSV	6:58.00	195800321	6:44.53
	50m: 41.21	41.21 150m:		250m:	350m:
	100m: 1:30.81	49.60 200m: 3:17.24		300m:	400m: 6:44.53

Masters 75+, Heren

1.	Geza Kaltenecker	AZC	7:01.37	194200065	7:00.61
	50m: 44.87	44.87 150m:		250m:	350m:
	100m: 1:36.19	51.32 200m: 3:25.41		300m:	400m: 7:00.61

Masters 20+, Dames

1.	Chantal van der Vaart	ZVVS	5:10.20	199802266	5:22.58
	50m: 35.43	35.43 150m:		250m:	350m:
	100m: 1:14.25	38.82 200m: 2:35.25		300m:	400m: 5:22.58

Masters 25+, Dames

1.	Eline Molle	De Geul	5:59.87	199404276	6:00.19
	50m: 39.46	39.46 150m:		250m:	350m:
	100m: 1:23.04	43.58 200m: 2:54.76		300m:	400m: 6:00.19

Masters 30+, Dames

1.	Esther Boerdam-Delfos	AZC	5:25.00	198705256	5:37.77
	50m: 36.88	36.88 150m:		250m:	350m:
	100m: 1:18.19	41.31 200m: 2:44.28		300m:	400m: 5:37.77
2.	Tessa Verheijdt	WVZ	6:00.00	198904290	5:44.13
	50m: 39.16	39.16 150m:		250m:	350m:
	100m: 1:21.45	42.29 200m: 2:49.13		300m:	400m: 5:44.13
3.	Sandra van der Ende	WVZ	5:55.00	198701132	5:49.06
	50m: 37.28	37.28 150m:		250m:	350m:
	100m: 1:19.06	41.78 200m: 2:46.61		300m:	400m: 5:49.06

Masters 35+, Dames

1.	Hebe de Champeaux	SwimGym	5:40.00	198102318	5:36.35
	50m: 37.14	37.14 150m:		250m:	350m:
	100m: 1:19.67	42.53 200m: 2:47.12		300m:	400m: 5:36.35
2.	Linda Hoogendam	WVZ	5:36.68	198300892	5:43.36
	50m: 38.43	38.43 150m:		250m:	350m:
	100m: 1:22.31	43.88 200m: 2:49.89		300m:	400m: 5:43.36
3.	Femke Smits	Rotterdam Swimming (SG)	7:00.00	198403574	6:51.53
	50m: 46.07	46.07 150m:		250m:	350m:
	100m: 1:37.08	51.01 200m: 3:22.50		300m:	400m: 6:51.53

Masters 40+, Dames

1.	Chantal Verhoeff	Old Dutch	5:15.43	197900912	5:21.18
	50m: 35.36	35.36 150m:		250m:	350m:
	100m: 1:15.19	39.83 200m: 2:36.74		300m:	400m: 5:21.18

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 5, 400m vrije slag

Masters 45+, Dames

1.	Jacqueline de Ruiter-Wijnolst	WIDEX GZC DONK	5:43.88	197400446			5:33.25
	50m:	35.65	35.65	150m:	250m:	350m:	
	100m:	1:16.22	40.57	200m:	300m:	400m:	5:33.25
			2:41.11				

Masters 50+, Dames

1.	Anita Steijger	WVZ			6:13.54	196500628			6:18.47
		50m:	43.58	43.58	150m:		250m:	350m:	
		100m:	1:29.75	46.17	200m:		300m:	400m:	
				3:04.65			6:18.47		
2.	Kristien Van de Moortel	Shark			6:19.02	ShaRK/20315/69			6:22.59
		50m:	42.66	42.66	150m:		250m:	350m:	
		100m:	1:30.72	48.06	200m:		300m:	400m:	
				3:07.49			6:22.59		
3.	Cancia Leirissa	Feijenoord Albion Zwemclub			7:02.11	196700748			6:52.26
		50m:	43.98	43.98	150m:		250m:	350m:	
		100m:	1:34.84	50.86	200m:		300m:	400m:	
				3:24.06			6:52.26		

Masters 80+, Dames

1.	Marie Smits	Old Dutch		8:20.82	193800004	9:01.36	
	50m:	56.23	56.23	150m:	250m:	350m:	
	100m:	2:03.84	1:07.61	200m:	300m:	400m:	9:01.36
				4:23.25			

Programmanr. 6
9-11-2019 - 14:45

200m rugslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 35+, Heren									
1.	Rogier van Gent	IJZ&PC	2:54.12	198000405	2:55.41	39.91	1:24.34		2:55.41
Masters 45+, Heren									
1.	Jeroen Hoeksel	ZVVS	3:16.20	197401533	3:15.62	43.73	1:33.01		3:15.62
Masters 25+, Dames									
1.	Lotte Coenen	The Hague Swimming	(2:35.88	199301518	2:36.39	36.58	1:15.64		2:36.39
2.	Anouk Kuijlaars	PSV	3:05.00	199401700	2:56.80	41.93	1:26.10		2:56.80
3.	Heleen ten Have	ZVVS	3:25.25	199403000	3:09.58	42.95	1:30.06		3:09.58
Masters 35+, Dames									
1.	Tonia Ruybroek	Poseidon'56	2:40.17	198101290	2:40.17	37.46	1:18.13		2:40.17
Masters 40+, Dames									
1.	Mirjam den Drijver	Westland Swimming St	2:46.84	197500884	2:48.15	39.58	1:22.60		2:48.15
Masters 50+, Dames									
1.	K. van Nassau-van den	Old Dutch	3:24.60	196600188	3:36.09	50.13	1:44.09		3:36.09
Masters 60+, Dames									
1.	Tonny den Braber	SCOM	3:57.63	195700022	4:17.15	59.60	2:04.37		4:17.15
Masters 65+, Dames									
1.	N. van Dongen-de Paep	ZZ&PC De Devel	4:43.96	195100044	4:45.58	1:06.96	2:20.41		4:45.58

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 7
9-11-2019 - 14:55

50m schoolslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd		tijd	RT
Masters 30+, Heren						
1.	Tom van Norden	IJZ&PC	42.50	198906951	48.50	
Masters 35+, Heren						
1.	Fedor Lapikas	SwimGym	55.44	198303091	50.28	
Masters 40+, Heren						
1.	Markus van Rest	WVZ	38.86	197701197	39.15	
Masters 45+, Heren						
1.	Chang Bom	The Hague Swimming (SG)	35.73	197201483	35.98	
2.	Gertjan van de Bosch	IJZ&PC	39.65	197001615	39.81	
3.	Alberto Randazzo	The Hague Swimming (SG)	41.34	197101741	41.64	
4.	Ard-Jan De Haan	Feijenoord Albion Zwemclub	55.00	197201687	49.81	
Masters 50+, Heren						
1.	Harold Matla	PSV	31.79	196800591	32.51	
2.	Tamas Szili-Torok	Rotterdam Swimming (SG)	40.85	196801689	38.61	
3.	Erik Saan	De Duck	39.39	196500769	40.45	
4.	Andre Exter	Poseidon'56	50.44	196601585	50.33	
Masters 55+, Heren						
1.	Menno Lomans	d'ELFT	38.00	196101071	41.97	
Masters 65+, Heren						
1.	Harry Queré	ZVS	1:05.66	195000189	1:11.02	
Masters 70+, Heren						
1.	Peter Ouweneel	Rotterdam Swimming (SG)	59.77	194500077	1:02.22	
Masters 75+, Heren						
AFGEM	Rob Hanou	PSV	45.00	194300109		
Masters 20+, Dames						
1.	Kimberly Coenders	De Lansingh	38.71	199900880	38.91	
2.	Chantal van der Vaart	ZVVS	42.68	199802266	43.47	
Masters 40+, Dames						
1.	Eveline Hacquebord	IJZ&PC	39.30	197901206	40.84	
Masters 50+, Dames						
1.	Caroline Kruger	Feijenoord Albion Zwemclub	45.91	196800928	45.17	
2.	Marella Verhagen-den Ouden	De Amstel	52.00	196800948	49.81	
Masters 60+, Dames						
1.	Karien Musters	Old Dutch	1:01.55	195800236	1:03.14	

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 8
9-11-2019 - 15:00

200m vrije slag

20 - 89 jaar
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 20+, Heren								
1. Pascal Nuijten	Westland Swimming St	1:54.60 199701353	2:01.30		27.51	58.42		2:01.30
2. Nick Sijmons	De Amstel	2:01.25 199500491	2:02.99		28.77	1:01.04		2:02.99
3. Sam Beer	Rotterdam Swimming (S	2:20.73 199605521	2:16.24		28.94	1:02.48		2:16.24
Masters 30+, Heren								
AFGEM Arjan Nuijten	SwimGym	2:35.00 198806275						
Masters 40+, Heren								
1. Marcel Veen	The Hague Swimming (	2:22.00 197601645	2:31.99		31.79	1:09.77		2:31.99
Masters 45+, Heren								
1. Jeff van Loon	De Geul	2:54.37 197001687 S7	2:55.73	473	40.48	1:23.98		2:55.73
2. Michel Ultenbroek	Feijenoord Albion Zwen	4:30.00 197101749	4:09.58		52.91	1:55.73		4:09.58
Masters 50+, Heren								
1. Rene de Jong	ZVVS	2:42.44 196600351	2:27.91		34.52	1:12.79		2:27.91
2. Gertjan van der Vaart	ZVVS	2:54.81 196801529	2:54.56		37.08	1:21.30		2:54.56
Masters 55+, Heren								
1. Adriaan Kop	Old Dutch	2:38.74 196101135	2:36.79		34.71	1:13.81		2:36.79
2. Bob Lookermans	Poseidon'56	3:55.32 196201295	3:27.25		47.67	1:39.39		3:27.25
Masters 60+, Heren								
1. Evertjan Masurel	PSV	2:48.93 195600495	2:36.52		34.37	1:14.54		2:36.52
2. André Pantekoek	PSV	3:05.00 195800321	3:06.73		40.09	1:28.92		3:06.73
Masters 75+, Heren								
1. Geza Kaltenecker	AZC	3:12.51 194200065	3:14.11		41.91	1:31.41		3:14.11
Masters 20+, Dames								
1. Yancey Bouman	Westland Swimming Stars	NT 199801924	2:37.84		34.85	1:14.56		2:37.84
Masters 25+, Dames								
1. J. van den Beukel	Westland Swimming St	2:32.71 199100238	2:26.70		33.85	1:11.69		2:26.70
2. Roosmarijn van Velzen	ZVL-1886 Tetteroo	3:10.00 199208036	3:24.54		43.10	1:32.95		3:24.54
Masters 30+, Dames								
1. Monique Remst	AZC	2:30.48 198706236	2:28.70		34.09	1:12.32		2:28.70
2. Esther Boerdam-Delfos	AZC	2:35.56 198705256	2:43.64		36.29	1:17.46		2:43.64
Masters 40+, Dames								
1. Liselotte Joling	PSV	2:19.87 197500268	2:23.62		33.30	1:10.30		2:23.62
2. Marian Nederlof	De Geul	2:45.35 197600950	2:48.09		37.49	1:19.89		2:48.09
Masters 45+, Dames								
1. Karin Stein	ZVVS	2:25.60 197100554	2:31.99		35.16	1:13.65		2:31.99

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 8, 200m vrije slag

Masters 50+, Dames

1. Nicky Slinger	HPC	2:55.23	196600316	2:55.93	40.56	1:24.82	2:55.93
2. Cancia Leirissa	Feijenoord Albion Zwen	3:25.29	196700748	3:14.15	42.85	1:32.48	3:14.15

Masters 55+, Dames

1. Linda Olsson	Feijenoord Albion Zwen	3:20.00	196400640	3:19.16	40.95	1:30.23	3:19.16
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Masters 60+, Dames

1. Karien Musters	Old Dutch	3:56.65	195800236	3:54.80	52.58	1:50.73	3:54.80
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Masters 65+, Dames

1. Conny Boer-Buys	ZVVS	2:57.07	195000006	2:47.44	37.93	1:20.55	2:47.44
NG Geerdien Meerwaldt	De Geul	4:12.87	195200058				

Programmanr. 9
9-11-2019 - 15:20

50m vlinderslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 20+, Heren					
1.	Jasper van den Broek	De Watervogels	30.15	199903313	30.43
2.	Nick Boekestijn	Westland Swimming Stars	30.64	199900291	30.82
3.	Sam Beer	Rotterdam Swimming (SG)	29.18	199605521	31.29
Masters 25+, Heren					
1.	Leen v.d. Plaat	ZZ&PC De Devel	29.50	199002291	27.65
Masters 35+, Heren					
1.	Rob van Wanrooy	Gay Swim Amsterdam	30.19	198202627	30.89
2.	Rogier van Gent	IJZ&PC	30.82	198000405	31.70
3.	Fedor Lapikas	SwimGym	50.33	198303091	46.12
Masters 40+, Heren					
1.	Markus van Rest	WVZ	29.47	197701197	29.99
2.	Ingmar Kooman	ZVL-1886 Tettersoo	33.05	197901517	33.74
Masters 45+, Heren					
1.	Chang Bom	The Hague Swimming (SG)	37.95	197201483	33.26
2.	Martijn de Jong	DWK	36.95	197101659	35.87
3.	Leon Erkelens	Rotterdam Swimming (SG)	48.55	197401539	42.99
Masters 50+, Heren					
1.	Erik Saan	De Duck	32.40	196500769	33.21
2.	Henri Michels	De Amstel	35.33	196501587	35.82
Masters 55+, Heren					
1.	Jano Hogebrug	De Watervogels	44.51	196401477	46.20
Masters 20+, Dames					
1.	Iva den Haan	De Lansingh	37.45	199900882	35.14
2.	Gwendoline Kruit	De Lansingh	35.71	199802084	38.90
3.	Mariska Scholts	Rotterdam Swimming (SG)	55.09	199606804	56.07

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 9, 50m vlinderslag

Masters 25+, Dames

1.	Mellany Doldersum	SwimGym	40.00	199204824	34.18
2.	Ilona van der Knaap	De Watervogels	34.35	199204954	34.32
3.	Eline Molle	De Geul	38.36	199404276	37.00
4.	Bibi den Haan	De Lansingh	37.86	199001290	40.09

Masters 35+, Dames

1.	Tonia Ruybroek	Poseidon'56	34.44	198101290	34.29
2.	Linda Hoogendam	WVZ	39.02	198300892	39.55
3.	Marsha Wiltenburg	IJZ&PC	47.50	198001814	50.94
4.	Femke Smits	Rotterdam Swimming (SG)	50.00	198403574	53.86

Masters 40+, Dames

1.	Mirjam den Drijver	Westland Swimming Stars	33.04	197500884	33.15
2.	Chantal Verhoeff	Old Dutch	32.27	197900912	33.63

Masters 45+, Dames

1.	Sylvia Tetteroo	IJZ&PC	53.75	197300476	55.70
DIS	Rachele Gianfranchi	SwimGym	1:44.00	197401098	

VB - Beide armen niet gelijktijdig naar voren en/of gelijktijdig achterwaarts gebracht.

Masters 50+, Dames

1.	Caroline Kruger	Feijenoord Albion Zwemclub	45.32	196800928	42.35
2.	Kristien Van de Moortel	Shark	44.20	ShaRK/20315/69	47.61

Masters 55+, Dames

1.	Jacqueline Rolloos-Bakkers	De Lansingh	37.56	196300222	37.48
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Masters 60+, Dames

1.	Tonny den Braber	SCOM	54.97	195700022	55.76
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Masters 80+, Dames

1.	Marie Smits	Old Dutch	1:03.78	193800004	1:07.17
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Programmanr. 10
9-11-2019 - 15:25

200m wisselslag

20 - 89 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Masters 40+, Heren									
1.	Pieter Broek	Westland Swimming Stars	NT 197701637	2:43.53		31.96			2:43.53
Masters 50+, Heren									
1.	Harold Matla	PSV	2:35.95 196800591	2:39.99		35.20			2:39.99
2.	Fred Dijkshoorn	Westland Swimming St	2:52.08 196501539	2:54.12		35.93			2:54.12
Masters 25+, Dames									
1.	Anouk Kuijlaars	PSV	3:05.00 199401700	2:53.18		37.08			2:53.18
2.	Heleen ten Have	ZVVS	2:55.41 199403000	3:13.21		42.94			3:13.21

Regio West Open Masters deel 2
Zwijndrecht, 9-11-2019

Programmanr. 10, 200m wisselslag

Masters 40+, Dames

1. Leontine Loeber	SwimGym	3:15.01	197701010	3:07.02	40.90	3:07.02
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Masters 45+, Dames

1. Pauline Tromp-Lang de	ZZ&PC De Devel	3:31.35	197001032	3:33.25	48.00	3:33.25
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Masters 50+, Dames

1. Anita Steijger	WVZ	3:22.76	196500628	3:23.99	46.58	3:23.99
2. K. van Nassau-van den	Old Dutch	3:18.91	196600188	3:28.36	46.80	3:28.36

Masters 55+, Dames

1. Tineke Janssen	Westland Swimming Stars	NT	196400630	3:03.83	37.99	3:03.83
2. Feikje Wittermans	WIDEX GZC DONK	3:09.93	196400408	3:11.13	39.36	3:11.13

Programmanr. 11
9-11-2019 - 15:35

4 x 100m wisselslag

lft 80 - 359
Resultaten

rang	vereniging			intijd		tijd	RT
120+, Dames							
1.	SwimGym	SwimGym		6:39.00		6:14.08	
	Hebe de Champeaux	81	40.50	1:24.46	Leontine Loeber	77	
	Rachele Gianfranchi	74			Mellany Doldersum	92	
120+, Gemengd							
1.	ZVVS	ZVVS		5:41.13		5:59.07	
	Jeroen Hoeksel	74	43.72	1:32.94	Chantal van der Vaart	98	
	Gertjan van der Vaart	68			Heleen ten Have	94	
AFGEM	Westland Swimming Stars	Westland Swimming Stars		4:45.32			
BM	De Watervogels	De Watervogels		5:21.70		5:29.07	
	Aldo Hofman	90	40.09	1:22.26	Jasper van den Broek	99	
	Jano Hogebrug	64			Ilona van der Knaap	92	